

Three School Lunch Menu Plan

School Lunch Menu for week commencing 20th September 2021



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chilli Beef with Borlotti Beans Steamed Rice Sweetcorn and Peppers Tortillas	Roast Lemon & Thyme Chicken Roast Potatoes Steamed Carrots and Peas	Sweet & Sour Pork with Vegetables Egg Noodles Spring Roll	Roast Chicken Tikka Balti Pilau Rice Homemade Naan Bread Tarka Dahl	Cod Fish Fingers/ Battered Fish Chips Garden Peas Lemon Wedges
Vegetarian Meal	Creamy Char-Grilled Butternut & Borlotti Bean Chilli Rice Sweetcorn and Peppers	Seasonal Quiche Roast Potatoes Steamed Carrots & Peas	Spicy Bean Burger With Monterey Jack Cheese Potato Wedges Side Salad	Chickpea, Butternut & Roast Vegetable Curry Pilau Rice Raita & Mango Chutney	Vegetable Fingers Chips Garden Peas
On the Side	Jacket Potatoes Baked Beans Grated Cheese	Fusilli Pasta Tomato Basil Sauce Grated Cheddar	Baked Potatoes Chilli Con Carne Grated Cheese	Jacket Potatoes Grated Cheese Baked Beans	Penne Pasta Spicy Pepperoni Sauce Grated Cheese
Desserts	Sultana Flapjack Fresh Fruit Yogurt Pots	Forest Fruits Cheesecake Fresh fruit Yogurt Pots	Mango & Coconut Cake Fresh Fruit Yoghurt Pots	Waffle Thursday Fresh fruit Yogurt Pots	Chocolate Brownie Fresh Fruit Yoghurt Pots

If you have an allergy, please let a member of staff know so that we can help. **JUST ASK!**

School Lunch Menu for week commencing 27th September 2021



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Classic Spaghetti Bolognese with Vegetables Homemade Garlic Bread	Creamy Chicken & Leek Pie Lyonnaise Potatoes Sautéed Greens	Beef, Root Vegetable & Lentil Hot Pot Steamed Broccoli & Leek	Spanish Style Chicken Thighs Vegetable Rice Green Beans with Tomato Sauce	Pepperoni Pizza Chips Sweetcorn
Vegetarian Meal	Vegan Style Moussaka Homemade Garlic Bread Mixed Salad	Homity Pie (Cheddar, Leek & Spinach) Lyonnaise Potatoes Sautéed Greens	Bean & Vegetable Hot Pot Steamed Broccoli & Leek	Paella Stuffed Peppers Glazed with Cheddar Green Beans with Tomato Sauce	Margherita Pizza Chips Sweetcorn
On the side	Jacket Potatoes Baked Beans Grated Cheese	Jacket Potatoes Chilli Con Carne Grated Cheese	Fusilli Pasta Cheese sauce Grated Cheddar	Penne Pasta Tomato Sauce Grated Cheese	Jacket Potatoes Baked Beans Grated Cheese
Desserts	Apple Crumble Yogurt Fresh Fruit	Lemon Meringue Pie Yogurt Pots Fresh fruit	Orange Shortbread Yogurt Pots Fresh fruit	Jelly Pots Yogurt Pots Fresh fruit	Chocolate & Orange Cake Yogurt Pots Fresh fruit

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School Lunch Menu for week commencing 4th October 2021



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Cajun Chicken Thighs Potato Wedges Side Salad	Beef & Vegetable Lasagne Garlic Focaccia Green Beans	Cumberland Butchers Sausages in Onion Gravy Buttery Mash Garden Peas	Italian Meatballs in Smoky Tomato Sauce Spaghetti Roast Vegetable medley	Chicken Goujons Chips Sweetcorn
Vegetarian Meal	Halloumi, Salsa & Bean Burrito Potato Wedges Side Salad	Roasted Vegetable Lasagne Garlic Focaccia Green Beans	Quorn Sausages In Onion Gravy Buttery Mash Garden Peas	Quorn & Char-Grilled Pepper Bolognese Spaghetti Ratatouille	Quorn Nuggets Chips Sweetcorn
On the Side	Jacket Potatoes Baked Beans Grated Cheese	Jacket Potatoes Grated Cheese Tuna Mayo	Fusilli Pasta Roast Red Pepper Sauce Grated Cheese	Jacket Potatoes Baked Beans Grated Cheese	Egg Noodles Stir Fry Vegetables Black Bean Sauce
Desserts	Carrot Cake with Orange Buttercream Yogurt Pots Fresh fruit	Banoffee Pots Yogurt Pots Fresh fruit	Fresh Fruit Salad with Mint Syrup Yogurt Pots Fresh fruit	Lemon Drizzle Cake Yogurt Pots Fresh fruit	Chocolate Rice Krispie Cake Yogurt Pots Fresh fruit

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